

**Exercise Science & Health Promotion
Health Education Specialist Track**

The following plan is just one example of how to schedule classes to graduate in 4 years. Other schedules would be equally valid. Work with your advisor to develop a plan that meets your needs.

	FRESHMAN			SOPHOMORE			JUNIOR*			SENIOR*		
Quarter	Fall	Winter	Spring	Fall	Winter	Spring	Fall	Winter	Spring	Fall	Winter	Spring
Courses	KINE 250/255 ¹ (4)	Pro Act ² (2)	Pro Act ² (2)	ZOO 331 (5)	ZOO 332 (5)	Pro Act ² (1)	KINE 304 (3)	KINE 354 (2)	KINE 402 (4)	KINE 461 or 462 (1-2)	KINE 451 (5)	KINE 463 (3)
	KINE 270 (4)	BIO 111/115/ 161 (4)	CHEM 110 (4)	FSN 210 (4)	KINE 301 (1)	KINE 302 (4)	Pro Act ² (1)	KINE 434 (4)	KINE 303 (4)	KINE 408 (4)	KINE 411 (4)	
	MATH 118 (4)	GE ³ (4)	GE ³ (4)	GE ³ (4)	PHYS x118 or 121 ⁴ (4)	FSN 310/315 OR PSY 205 (4-3)	KINE 305 (2)	KINE 307 (4)	KINE 401 (3)	KINE 405 (4)	KINE 280 (1)	
	GE ³ (4)	GE ³ (4)	GE ³ (4)	GE ³ (4)	GE ³ (4)	KINE 218 (2)	KINE 219 (1)	KINE 319 (3)	KINE 450 (3)	GE ³ (4)	KINE 443 (3)	
		Free Elect ⁵ (1)	Free Elect ⁵ (1)		Free Elect (2)	GE ³ (4)	STAT 217/218 (4)	GE ³ (4)	Free Elect (2)	GE ³ (4)	GE ³ (4)	
							MCRO 221 ⁶ (4)					
Units	16	15	15	17	16	14-15	15	17	16	17-18	17	3

*Students with upper division standing (completion of 90 units) are eligible to meet the Graduation Writing Requirement (GWR). For more information, please visit: <http://www.calpoly.edu/~wrtskills/gwr/>

¹ KINE 255 will also meet the USCP requirement.

² It is highly recommended that students take the following Pro-Acts: KINE 212 (1), 220 (2), 227 (2), 228 (1)

³ 52 units of General Education units are required for graduation. Choose one from each of the following areas: GE A1, A2, A3; C1, C2, C3, C4, C1-4; D1, D2, D3, D5; F. Note: Some GE courses have prerequisites. Check the catalog or on PASS for a course description to determine prerequisites for specific GE courses.

⁴ Students pursuing health profession graduate programs should take Phys 121 (w/ lab) instead of Phys x118. Math 118 & 119 **or** high school trig is a prerequisite.

⁵ Consider taking Supplemental Workshops along with your Math and/or Science major courses. More information available at: <http://sas.calpoly.edu/sw.html>

⁶ Students pursuing a Nursing career should take MCRO 224 instead of MCRO 221 to meet Nursing School prerequisites. (BIO 161 and CHEM 127 and 128 are the prerequisites for MCRO 224)